

# SWEET and LOVELY

Choreographers: Hank & Judy Scherrer, 560 Main St. Herculaneum, Mo. 63048 636 475 5027  
Record: **Sweet & Lovely** Hocter H 651B flip Till There Was You Judy@ScherrerDance.com  
Footwork: Opposite (unless noted) Time: **2:28**  
Rhythm: **FOXTROT** Phase: **VI** Speed: **45 rpm**  
Sequence: **Intro - A - A - B - A - C - C - B - End** Date: 1 - 95

## INTRO

Facing DLC hands on hips L foot free for Man.

**1 - 4 WAIT 2;; SOFT SHOE; SOFT SHOE;**

Wait 2 Measures;; XLif of R / rec R, Sd L, XRif of L / rec L, sd R; Repeat meas 3; DLC

## A

**1 - 4 REVERSE TURN;; 3 STEP; NATURAL TURN underturned;**

Blend CP Fwd L,-, fwd & sd R cont turn (heel turn), bk L LOD; Bk R turn LF,-, sd & fwd L DLW, fwd R BJO DLW; Fwd L blend to CP,-, fwd R, fwd L LOD; Fwd R turn RF,-, fwd & sd L cont turn (heel turn), Bk R DLC;

**5 - 8 SD to PROM SWAY CHANGE SWAY; REC BRUSH SCP; QK OPEN REV; RISING LOCK;**

Bk & sd L to SCP DLC,-, change sway to BJO,-; Rec R,-, brush L to R, fwd L DLC SCP; Fwd R,-, fwd L trn LF / sd & bk R cont trn, bk L DLC; Bk R trn LF,-, fwd L DLC, lk R in bk of L DLC;

## B

**1 - 4 REV WAVE;; BK FEATHER; BK FEATHER FINISH;**

Fwd L DLC,-, sd R trn LF (W heel trn), bk L DLW; Bk R,-, Bk L, bk R LOD; Bk L,-, bk R blend BJO, Bk L; Bk R trn LF,-, sd & fwd L DLW, fwd R BJO DLW;

**5 - 8 CURVED 3 STEP; BK & CHASSE to SCP; NATURAL HOVER CROSS;;**

Fwd L to CP,-, fwd R curve LF, fwd L trn LF fc RLOD; Bk R trn LF,-, sd L LOD / cl R, sd L LOD SCP; Fwd R trn RF,-, sd & fwd L trn RF, sd R LOD; Fwd R LOD SCAR,-, rec R, sd & fwd L DC, fwd R DLC BJO;

## C

**1 - 4 DOUBLE TELEMARK;; CURVED FEATHER CHECK; BK BK/LK BK;**

Fwd L,-, fwd R trn LF (heel trn), fwd L DLW; Fwd R picking up to LOD / fwd L, fwd R trn LF (heel rn), fwd L DLW SCP; Fwd R trn RF,-, fwd L, fwd R BJO RLOD; Bk L LOD,-, bk R / lk L in front of R, bk R;

**5 - 8 IMPETUS to SCP; NATURAL TWIST TURN;; FEATHER FINISH;**

Bk L,-, cl R to L trn LF, fwd L LOD SCP; Fwd R LOD,-, fwd & sd L trn RF to RLOD, hook R behind L no weight; Trn RF,-, cont trn transfer weight to R, bk L fc DLW; Bk R,-, sd & fwd L DLC, fwd R BJO DLC;

## END

**1 - 8 A measure 1 THRU 7;;;;;; Bk to THROWAWAY OVERSWAY;**

Repeat A 1 thru 7;;;;;; Bk R DLC,-, bk & sd L DLC (W brings L foot under body and extends it to DLC and she looks well to the left), release lead hands (W puts R hand on M's L shoulder) & extend L arms;